



bubbletubs

Customer Health and Safety Guidelines

Dear Customer,

Thank you for choosing us for your hot tub hire! We pride ourselves in delivering a service which keeps our customers safe when they are using our equipment. Hot tubs are lots of fun, but please apply common sense, and read the following safety advice to help keep everyone safe.

- **Slips and Trips.** I'm sure we don't need to tell you that the area around your hot tub will get wet, and therefore potentially slippery. Please be careful whilst getting in and out of your tub, and never run around the hot tub.
- **Electrical Equipment.** Electricity and Water, need we say more? DO NOT UNDER ANY CIRCUMSTANCES PLACE MAINS OPERATED ELECTRICAL EQUIPMENT ABOVE OR NEXT TO YOUR HOT TUB.
- **Pregnancy.** If you are pregnant, many congratulations! However, we would advise against using the hot tub, due to the risks of slipping as well as dangers of dehydration and dizziness, caused by the hot water. Additionally, sitting in a hot tub can raise your core body temperature to a level that is dangerous to your baby.
- **Children.** A hot tub is a great temptation to young children, so it's vital, for their safety, that they understand the rules for using the hot tub. To help keep young children safe, please adhere to the following advice and always supervise them:
 1. No child under the age of 5 should ever be in a hot tub – they are far more susceptible to overheating.
 2. Children should never be left unsupervised in a hot tub.
 3. If a child cannot stand above the water level on their own then arm bands are recommended
 4. Do not play with the water filter.
 5. Do not run around the hot tub.
 6. No jumping or diving into the hot tub.
 7. Children must not put their head under the water – long hair can get caught in the filter and should be tied back.
 8. Children must not taste or drink the water.
 9. ALWAYS COVER YOUR HOT TUB WHEN IT'S NOT IN USE.
- **Hot Tub Temperature.** It's in the name really isn't it! There is a risk that the hot water of an inflatable hot tub can cause your body to overheat. Overheating in the hot tub can lead to issues such as dizziness, fainting, vomiting, or even heat stroke. The highest temperature that your hot tub will reach is 40°C. We advise you not to set the temperature higher than 38°C and that you limit the time you spend in the hot tub to a maximum of 20-25 minutes in one go. For younger children, 5 minutes is more appropriate. The lower the temperature, the longer you can safely soak.



- **Food and Drink.** Only consume alcohol in moderation, and please do not use glass in or around the Hot Tub.
- **Clean, appropriately treated water.** The water in the hot tubs needs to be well filtered and contain the correct chemical balance. Too little and bacteria will thrive, too much can cause skin irritation...the following will help keep your water clean:
 1. We always provide you with a new water filter. We advise that you check/clean your filter daily. To clean the filter you must rinse it under a warm tap (using a brush can help to clean). If the filter is particularly dirty then use the replacement provided.
 2. Water treatment. Do not use the tub until the chemical levels are balanced. After many setups the team are experienced at getting the chlorine levels correct for you to enjoy. Due to different water conditions in different areas the team can only approximate the amount of chemicals needed to make the water safe. This approximation is based on a number of tests that we have been carried out on various types of water. We feel confident that when you get to use the tub the chemical balance will be correct however if you prefer to administer the chemicals yourself the team can leave you with a testing set.
 - a. Please note if a testing set is left onsite it is your responsibility to handle the hazardous substances appropriately - products maybe decanted from original containers.
- **Personal Hygiene.** Surprise surprise, the cleaner you are, the cleaner your water will remain. Also, the effects of the chlorine will be lessened (this is what can cause your eyes to sting):
 1. It's recommended that you and your guests shower before entering the tub, and also after you get out to ensure that the chemicals are not left sitting on your skin.
 2. If you have been unwell, have an open wound or any other infection or illness, you should avoid using the hot tub until you have been symptom-free for at least 48 hours.
- **Hot Tub Rash** (Pseudomonas Folliculitis). The risk is low provided your filter and chlorine levels are correct. Pseudomonas Folliculitis is an inflammation of hair follicles. It causes a red, itchy rash to form on the skin, similar in appearance to chicken pox. If you develop this rash your hot tub needs to be drained and thoroughly cleaned. Do not get back into the tub if you show signs of this rash. Rashes usually go away on their own after a few days but consult your Dr. if the rash is not clearing up or you are concerned.
- **Pets.** Curiosity killed the cat? Another reason to keep your Hot Tub covered when it's not in use.
- **Stormy Weather.** Do not use your hot tub when there is thunder and lightning.

Thank you for taking the time to read through these guidelines. When your hot tub is set up, you will be asked to sign a document stating that you have read these safety guidelines and our terms and conditions. Please take the opportunity to ask your Installer any questions you might have about the operation of your hot tub, we want to help you get the best out of your experience.



We appreciate any feedback, so if you have any ideas as to how the Hot Tub experience can be improved or experience any issues with your hot tub or the accompanying equipment please do let us know.

LET THE FUN BEGIN!

The bubbletubs Team